



Diet Tech Services at HAWCs in ACC

Maj Carole Robbins, USAF,
NC
ACC

Non-RD ACC Base	RD doing SAV/Home Base	Next SAV Due	Last SAV	Last JCAHO/HSI	Closest Base
Barksdale	Capt Watson/Sheppard	1-Sep	Sep-00	Jun-98	Keesler
Beale	Capt Heimlich/Travis	1-Jul	Jul-00	Mar-98	Travis
Cannon	Maj Klein (Aug 01)/D-M	2-Jan	1-Jan	Dec-98	Tinker
Dyess	Capt Chamberlain/Sheppard	1-May	May-00	1-Apr	Sheppard
Ellsworth	Lt Tauai/Offutt	1-Sep	Sep-00	May-98	Offutt
Holloman	Maj Klein (Aug 01)/D-M	1-May	May-00	Feb-98	D-M
Minot	Lt Tauai/Offutt	2-May	1-May	May-98	Offutt
Moody	Capt Pauli/Tyndall	2-May	1-May	Aug-00	Tyndall
Mt Home	Maj Futagawa/Nellis	1-Nov	Nov-00	1-May	Travis/Nellis
Seymour Johnson	Maj Black (Sep 01)/Langley	2-Feb	1-Feb	Apr-98	Langley
Shaw	Maj Black (Sep 01)/Langley	1-Oct	Oct-00	Mar-98	Langley
Whiteman	Maj Black/Scott	1-Nov	Nov-00	Feb-98	Scott



Topics

- AF Guidance
- Professional Guidance
- Regulatory Compliance
- Services of Diet Tech
- Staff Assistance Visits



AF Guidance

- AFM 44-144, Nutritional Medicine
- AFI 44-135, Clinical Dietetics
- Nutritional Medicine Flight Guide
- AFI 40-104, Nutrition Education
- AFI 44-102, Community Health Management
- AFI 44-119, Clinical Performance Improvement
- Other AFIs (40-502, etc.)
- Base dietitians, MAJCOM consultant dietitian, and MAJCOM career field manager



Professional Guidance

- AF Diet Tech Nutrition Care Guidelines (to be deleted)
- American Dietetic Association (ADA) Medical Nutrition Therapy Across the Continuum of Care
- FDA Food Code



Regulatory Compliance

- JCAHO
 - PE - Assessment of Patients
 - PF - Education
 - TX - Care of Patients
 - CC - Continuum of Care
 - EC - Environment of Care
 - HR - Human Resources
 - IM - Information Management
 - LD - Leadership



Regulatory Compliance

- HSI
 - HCS - Health Care Support
 - LED - Leadership
 - OPS - Operational Support



Medical Nutrition Therapy (MNT)

- Must be within authorized scope of care
- Patient appointment scheduling
- Patient counseling and nutrition care
- Patient screening and assessment
- Medical record documentation



Health Promotion Programs

- Commissary tours
- Cooking demonstrations
- Commander's calls
- Community briefings (scouts, spouses' groups, etc.)
- Health fairs and other community information booths
- Campaigns: National Nutrition Month (March), air shows, retiree day, etc.
- Any health briefings/classes - do nutrition component
- Development of brochures, handouts
- Nutrition articles for base paper and MTF paper
- Monitor dietary supplements at Fitness Center



Committee Participation

- Prevention Committee
- Health Promotion Committee
- Patient Education Committee
- Any others - interdisciplinary
- Base Menu Planning Board
- Readiness
- Booster Club, Top 4
- Squadron meetings



Workload Reporting

- MEPRs
- ADS
- CHCS



Check It Out Program

- Training
- Guidance
- Inspections



Assist Child Development Centers

- Basic Nutrition Education
- Food Safety
- Coordinate with MAJCOM dietitian to review menus
- Inspections



Nutrition Clinic Supplies

- Maintains, updates, and orders:
 - Forms
 - Pamphlets/handouts
 - Patient education materials (models, pyramid, etc.)
 - Reference materials (textbooks, dictionary, journals)



Tracks and Evaluates Patient Outcomes

- Patient satisfaction
- Outcomes (lipids, HgbA1C, weight)



Self-Inspection of Nutrition Clinic

- Done by diet tech
- Within 30 days of arrival and annually



Training

- Maintain training records
- Age-specific competency
- Diet therapy
 - Diet authorizations
- AFSC specific
- SWANK - HealthNet



Readiness Mission

- EMEDS 25 bed or above
- Role in Disaster Plan?



Staff Assistance Visits

- Once/year or more often as needed
- Funded by MTF
- Usually 1.5 - 3 days



Document Review

- OIs
 - Nutrition Care/Education
 - Sensible Weigh
 - Record Documentation
 - Nutrition Screening/Assessment
 - Orientation and In-Service Training
 - Appointment Scheduling
 - Performance Improvement
- Record of communication with dietitian
- AF publications current?



Document Review

- Training
 - OJT
 - Inservice Training Binder
- MNT Protocols
- Medical Record Review
 - Outpatient Nutrition Screening
 - MNT
- Workload reporting (MEPRs, CHCS, ADS)



Other items

- Evaluation of Resources
 - Facilities, materials, budget, personnel (# and needs)
- Medical liaison - should be physician
- Career counseling



Challenges

- Discrepancies not fixed from SAV to SAV
- Time in HAWC duties prevents accomplishment of diet tech duties
- Diet techs not prepared for diet authorizations during SAV
- Some bases - loss of diet tech authorization at the HAWC